MOUNT ST. MARY'S
ARCHIVES

THE MOUNT

Mount St. Mary's College Magazine • Los Angeles
Winter 1998

Hildegard of Bingen

Outstanding Alumnae Awards

New Year's Resolutions

Lights, Camera, Sociology

A Gift for Future Generations

"I first heard about Mount St. Mary's College in the '80s. As the president of Vassar College from 1977–86, acting president at Mills College, 1990–91, and the director of several national educational organizations, I was aware that the Mount was well known for serving the educational needs of a wide range of students even before diversity on college campuses was a major concern of government, philanthropic and accrediting agencies.

"Based on my admiration for this commitment from faculty and the administration, I created a charitable gift annuity to ensure that the Mount's fine work and genuine concern for its students will continue for future generations. In higher education, this means not just offering an education, but offering the type of education that effectively meets students' needs in the community of which the College is an integral part."

—Dr. Virginia Smith, Mount St. Mary's College Trustee and Heritage Society member

Timeless Values for Changing Times

The Campaign for Mount St. Mary's College

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THE MOUNT

Winter 1998

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Mount St. Mary's College is a Catholic liberal arts college, primarily dedicated to the education of women and nationally recognized for programs enabling minority and under-prepared students to succeed.

THE MOUNT

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A Renaissance Woman Before the Renaissance

1998 marks the 900th anniversary of Hildegard of Bingen's birth. Sister Nancy Fierro explains why she is a revered historical figure.

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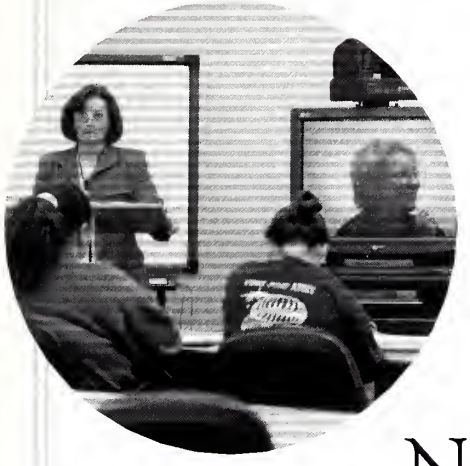

Lights, Camera, Sociology

The first teleconferenced MSMC class was offered this fall and the reviews are very positive.

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New Year's Resolutions for MSMC

Faculty, staff and students start 1999 off right with serious and fun goals for the new year.

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ON THE COVER: Dr. Sande Bunce '86, sociology lecturer, teleconferences with sophomore Aileen Torrado. See story on page 10. PHOTO BY RICK MENDOZA

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SISTER KAREN M. KENNELLY, president, contributed a chapter, "Mary Molloy, Women's College Founder," to the second revised edition of "Women of Minnesota: Selected Biographical Essays," published by the Minnnesota Historical Society.

DR. WANDA TEAYS, chair, philosophy, recently co-wrote "Violence Against Women: Philosophical Perspectives," a collection of essays that shows how philosophy provides a powerful tool for examining the difficult and deep-rooted social problem of violence against women. Published by Cornell University Press, this is the first anthology to take a theoretical look at violence against women.

MARCOS MCPEEK VILLATORO, Fletcher Jones Assistant Professor of English, contributed a chapter, "Latino Southerners: A New Form of Mestizaje," to "Cultural Diversity in the U.S. South – Anthropological Contributions to a Region in Transition," recently published by the University of Georgia Press. Several of his poems were also featured in the literary review publications Luna and The Bloomsbury Review.

FRED SIMONELLI, assistant professor, history, contributed a chapter, "The World Union of National Socialists and Postwar Transatlantic Nazi Revival," to "Nation and Race: The Developing Euro-American Racist Subculture," published by Northeastern University Press. Ⓜ

Y2K Problem Addressed at the Mount

As the year 2000 approaches, computer experts are working feverishly to avoid major electronic infrastructure problems that could impact banking, airline, telecommunications, government and many other operations.

The problem could occur because of an oversight in the design of computer-based systems that prevents a computer from recognizing the turn of the century. These systems will interpret Jan. 1, 2000, as Jan. 1, 1900.

At Mount St. Mary's, a Y2K task force began meeting over the summer to create a plan to address the problem.

The Office of Information Technology has determined that the College's primary information systems on both campuses will not be impacted and the College's hardware and primary software systems are Y2K-compliant.

But the work has just begun. After taking an inventory of all College equipment, testing parameters will be created, all software will be reviewed, letters will be sent to vendors to make sure they are prepared, and contingency plans for critical functions will be developed in the event of a Y2K failure inside or outside the College.

Skousen Heads Child Center

The Doheny Child Development Center recently welcomed on board Susan Skousen as its new director.

Previously an administrator for Head Start preschool programs in San Francisco, Skousen has 10 years' experience in child development.

A Los Angeles native, she has also worked at Pacific Oaks Children's School and at Mother's Club Community Center in Pasadena.

Glenn Marzano

Building Los Angeles, One Teacher at a Time

Maria Lopez introduces a math concept to children in a third grade class, hoping to stimulate their young minds or, at the very least, hold their attention until recess. But, this isn't her class and she isn't a certificated teacher. In fact, she's still in college working toward her bachelor's degree. So, why is she teaching?

Lopez is completing student teaching as a pre-service teacher in the Teacher Education Program at Mount St. Mary's College. The program, which prepares students to obtain a California Teaching Credential and currently has 420 Mount students enrolled, provides students with the guidance and mentorship of Mount education faculty and teachers in Los Angeles Unified School District schools, known as Teacher Center Schools.

Since 1996, 12 elementary, middle and high schools have been designated Teacher Center Schools by the Mount. Each school provides students with supervised teaching experience to complete assigned clinical fieldwork, a requirement of all students taking education courses at the Mount.

All field assignments have specific outcomes tied to students' observations of the teaching/learning process. Students begin by observing the teaching process and are then given the opportunity to teach the class themselves.

Eventually, some students complete their supervised student teaching in the Teacher Center Schools while others, who have emergency credentials, complete their supervised teaching in their own classrooms.

For Lopez, the student teaching experience provided her with personal, as well as professional, growth. "When I first started teaching I felt anxious, nervous, even scared. But my mentor teacher was there to guide me along the way and help make me feel at ease with the whole process," she says. "The program itself is supportive, with the advisers always willing to help — it almost feels like they're family."

"Prior to the Teacher Center concept, our students were doing their fieldwork in school settings, but not in a coordinated way," says Dr. Fran Powell, assistant professor of education and clinical coordinator of fieldwork. "By working with some of LAUSD's finest teachers and meeting the Mount's Teacher Education Program's challenging requirements, students are better prepared to assume the role of educator."

Dear Editor:

I am writing to let you know how thrilled I was to receive the Summer 1998 issue of The Mount, which had one of my Mount classmates, MaryAnn Bonino, on the cover. I was proud of her when we were both together at the Mount and am even more so after reading the article "Da Camera Celebrates 25 Years." She has accomplished a great deal in her field of music and has brought much musical enjoyment to the Los Angeles community. Thank you for featuring her work.

Thank you, also, for the wonderful spring 1998 cover article "Diamond in a Jeweled Setting," about Sister Aline Marie Gerber's wonderful work at the Doheny Campus.

Reading about these two outstanding women awakened my memories of the wonderful people I encountered while attending MSMC. Thank you.

—Annette Shamey '61

Mail your thoughts to: Letters to the Editor, The Mount magazine, Editor Jill Perry, 12001 Chalon Rd., Los Angeles, CA 90049-1599, or e-mail to jperry@msmc.la.edu.

Larry Goren

Portrait of a Leader

Although they never met Sister Magdalen Coughlin, the 1997 and '98 associate degree classes heard much about the former MSMC president and felt a deep kinship in spirit to this dynamic leader. To honor her vision and show gratitude for her commitment to students, they presented the College with a large portrait of her to hang in the entrance of the Library in the new Sister Magdalen Coughlin Learning Complex.

Pictured at a reception for the presentation this fall are current and former Doheny Associated Student Body officers (from left: Andrea Valencia, Tiffany Broussard, Lucia Ramirez, Veronica Martinez and Claudia Hyacinthe.

Glenn Marzano

Graffiti Busters

Who: All 150 MSMC first-year baccalaureate students.
What: They participated in a beautification project by painting murals, removing graffiti and cleaning.
When: Oct. 17
Where: At three of the most needy elementary schools in the East Los Angeles neighborhood of Boyle Heights: St. Mary's, Our Lady of Talpa and Santa Isabel, where the average family income is $13,000.
Why: Last year, students helped clean up the beach, but this year the class wanted to do something that had a more direct human touch.

Learning Lessons Online

English professor Sister Mary Williams distributes a course syllabus, collects student assignments and hands out grades, all without leaving her office. Her students turn in their assignments and participate in class discussions with a simple click of a button. The course is "Theory and Criticism," and it is being taught via the Internet.

With a Web page that includes a chat room where students discuss assigned reading materials, Williams has taken this English course to a new level—and students are eagerly following.

"Having a Web page is helpful beyond belief," says Cynthia Vega, a junior English major. "The discussions online are far more productive than in-class skirmishes. In class, if someone makes a comment, it is rare that another student will praise it or repeat it."

In addition to regular classroom lectures and discussions, Williams posts a topic of discussion related to assigned readings on the Internet, and students are required to respond at least once a week. Students are encouraged to respond to others' comments and post questions. The effort, which is intended to enhance the learning process by increasing discourse among students, has been successful thus far.

According to Williams, the Web page has prompted a greater exchange of comments, questions and ideas among students. "I am finding that students are not only talking to each other more, but they are providing each other with helpful comments and feedback about course topics," she says.

The chat room exchange is also helpful as follow-up on classroom discussions. "I consider the chat room a great tool to reinforce information I have acquired during class," says Tiffany Ulanday, a senior English major. Works discussed online include Edith Wharton's "The House of Mirth" and Henrik Ibsen's "A Doll's House."

In addition to the chat room, the Web page includes a course syllabus and a bulletin board which provides an up-to-date class schedule. This allows students who anticipate missing a class to plan their work accordingly.

Also on the Web page is a roster which includes personal information about each student. "The roster page enables us to get to know everyone's name and interests all at once," says Veronica Aguilera, a senior English major.

Williams plans to expand her Web page in the future by posting course-related articles. She hopes this will provide students with an added understanding about themes and topics discussed in class—or online.

College Ranks High In U.S. News

Mount St. Mary's College was ranked among the top 11 institutions in the western region by U.S. News & World Report in its 1999 America's Best Colleges issue and separate Guidebook. The College also was recognized as the top private university in the West with respect to maintaining a culturally diverse student body.

"The College has received consistent rankings since U.S. News began its annual Best Colleges issue 12 years ago," says Sister Karen M. Kennelly, president. "Our strengths as a student-centered, liberal arts institution with a strong focus on women's leadership, as well as the generosity of our alumnae giving, have contributed to our inclusion in the rankings."

The ranking is based on academic reputation, faculty resources, student selectivity, student retention, graduation rates, class size, financial resources and alumnae giving.

Mount St. Mary's recently received the following media coverage:

Woman's World magazine—quoted psychology instructor Dr. Debra Sharon in an article on how to keep children from nagging (July).

Los Angeles Times—featured Sheilah Jones '79, part-time adjunct instructor of religious studies, in a story addressing financial strategies and investments (June 16).

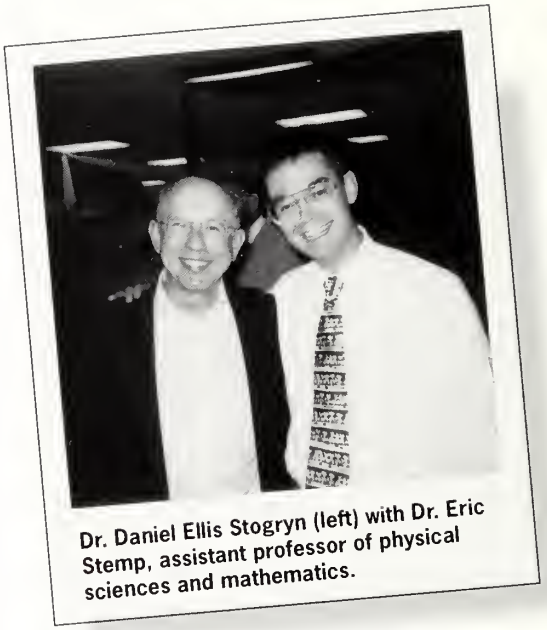
KPCC—L.A. Weekly classical music critic Alan Rich regularly discusses the Los Angeles music scene on the "Air Talk" radio program hosted by Larry Mantle. He previewed an upcoming Chamber Music in Historic Sites concert in Mary Chapel and noted that after attending his first such concert, he saw the view from the chapel steps and decided Los Angeles was the place for him (Oct. 20).

Long Beach Press Telegram—published a story recognizing MSMC's top rating in terms of ethnic diversity on campus in U.S. News & World Report (Aug. 21).

The Tidings—Several faculty members were featured in articles in recent months. Dr. Fred Simonelli, assistant professor of history and political science, was quoted in an article addressing the use of race as a campaign tactic (July 17); Katherine Whitman, associate professor of business administration, was quoted on her experience attending the Institute of Economics and Management conference in Beijing, China, as well as her insight about President Clinton's trip there (July 3); and Dr. Wanda Teays, chair of philosophy, was highlighted in a feature addressing ethical criticism of the genetic procedure of sex selection (Sept. 18).

Brentwood News—published an article about the Cottrell College Science Award Grant endowed to MSMC for $35,000 to support scientific research by Eric Stemp, assistant professor of physical sciences and mathematics (July).

Palisadian Post—published an article featuring Lorette Mazorra, instructor of community health nursing, who designed Optimum Wellness for Living, a free monthly health consultation program for Pacific Palisades residents (June 4). The Post also published an article about Suzanne Sherman, a graduate student in the physical therapy master's program who recently received the Physical Therapist Professional Education Scholarship from the California Physical Therapy Fund (July 2).



Dr. Daniel Ellis Stogryn (left) with Dr. Eric Stemp, assistant professor of physical sciences and mathematics.

Remembering Dr. Stogryn

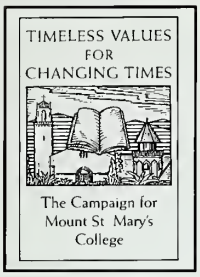
The Mount community was saddened by the death of Dr. Daniel Ellis Stogryn, retired professor of physical sciences and mathematics, who died suddenly of a heart attack Oct. 8 after a 21-year career at the College.

He was born in Philadelphia, Pa., in 1932, and received his bachelor of science degree in chemistry from the University of Pennsylvania and his Ph.D. in chemistry from the University of Wisconsin. He began teaching at the College in 1977 and retired in May 1998 as professor emeritus. Despite his retirement, Stogryn remained active in his former departments and was scheduled to teach advanced classes in computer programming and quantum chemistry this spring.

Dr. Jackie P. Doud, academic vice president and dean of the faculty, remembers his deep concern for students. "He exemplified the scholar-teacher and was completely student-centered, stretching students to reach their potential," she says.

"Dan was an outstanding teacher who could give clear presentations of complex issues, and he was able to teach courses across many areas of mathematics and science," says Dr. Eleanor Siebert, physical sciences/mathematics department chair. "His high expectations and his seemingly unending patience as he helped students are his legacy."

His twin brother, Alex, and a sister, Dorothy Zaveruka, survive him.



Campaign Update

■ The **Ahmanson Foundation** approved a $500,000 gift for the Sister Magadalen Coughlin Learning Center Complex on the Doheny Campus. The donation helps the College come closer to achieving the goals of the Kresge Challenge. The Kresge Foundation will give MSMC $500,000 if the College can raise $2.6 million by Oct. 1, 1999. Another gift of $27,000 from the Ahmanson Foundation is providing scholarships during the 1998-99 academic year.

■ Continuing his long-standing tradition of helping deserving students, **William H. Hannon** contributed more than $200,000 to the Eugenia B. Hannon Endowed Nursing Scholarship Fund. Named to honor his mother, the scholarship makes a nursing education possible for those who might not otherwise attend college.

■ The **Carrie Estelle Doheny Foundation** donated $122,150 for the renovation of the former library site on the Doheny Campus in Building 4. The remodeled space now houses 12 new faculty offices, a faculty lounge, a classroom that can seat 150, and a seminar room.

■ The **Henry Luce Foundation** has contributed $25,000 to the Clare Booth Luce Expendable Scholarship Fund to assist students majoring in mathematics or science. This scholarship is designed to encourage underrepresented women to enter teaching and research professions in the sciences.

■ The **Mabel Wilson Richards Scholarship Fund** donated $17,500 for scholarships.

■ A $10,000 grant from the **ARCO Foundation** provides funds for the Center for Cultural Fluency to offer "Making Diversity Work" forums to help Los Angeles area teachers and their students better understand diverse cultures.

Vice President of Institutional Advancement Pam Hillman, left, and President Karen Kennelly, right, accept stock certificates from donor William H. Hannon.

■ **Jane Bidlake Vallely '38** has given $8,000 to the Jane Bidlake Vallely Endowed Scholarship Fund and $2,000 to the Sister Catherine Therese Knoop Endowed Scholarship Fund.

The four-year $40 million Campaign for Mount St. Mary's College, the first comprehensive capital campaign in the College's history, concludes in December 1999. To participate, call (310) 954-4080.

Current Progress Toward Campaign Goals

CATEGORY	GOAL	CASH/PLEDGES AS OF NOV. 30, 1998	BALANCE NEEDED
Facilities	$ 22,100,000	$ 17,003,809	$ 5,096,191
Financial Aid Resources	$ 9,500,00	$ 7,019,482	$ 2,480,518
Academic Program Renewal	$ 4,200,000	$ 7,350,278	($ 3,150,278) GOAL EXCEEDED
Annual Fund Growth	$ 4,200,000	$ 4,239,487	($ 39,487)
Total Goal	**$ 40,000,000**	**$ 35,613,056**	**$ 4,386,944**

Hildegard Scholar Reviews the Life of the Philosopher/Musician

A Renaissance Woman Before the Renaissance

Her chants on compact disc outsell rock and rap music and her poster has been spotted leaning against a cutout of Madonna in record stores. Recognized as a great spiritual thinker, artist, musician, playwright, scientist and healer in her day, Hildegard of Bingen's 900th birthday was celebrated in 1998.

When people are in the depths of need, a figure arrives that meets the worst of their problems. Hildegard is that figure today. She identified six issues important in her time and still critical for us today: global vision, sensitivity to the oppressed, ecological awareness, holistic use of intelligence, hearkening to women's voice, and a new vision of holiness.

Hildegard had global vision. Her visionary paintings are filled with circles, ovals and connecting lines. In her universe no one is isolated. No one is excluded. One spirit breathes through all.

She also showed sensitivity to the oppressed. She never tired of reminding authorities about justice and compassion. Her writings are filled with radiant images of nature. She saw creation as her home, her mother, the stuff of divinity. She calls us to spread life, not death.

She drew attention to women's wisdom by writing, speaking and singing about her world from women's point of view. She offered a new vision of holiness. She didn't fit the church's idea of female sanctity. She was not always willing, submissive, charitable or peaceful. She was both soulful and sell-full.

Born in 1098, a time when the Catholic Church was powerful in Europe, Hildegard was precocious, sickly and a bit odd because of her spiritual visions. Her parents thought her unmarriageable and so offered her to the church at age 8 as a tithe. At 14, Hildegard entered the monastery where she learned basic Latin, sewing, biblical history and herblore. She described herself as a "poor little female" and "unlearned woman" and suffered from constant bouts of depression.

At age 43, she experienced a shocking life-changing vision which told her to speak and write all that was revealed to her and tell people about the kingdom of God. Though being an author was a forbidden occupation for women, Hildegard courageously began the task.

She completed three theology books, the only 12th-century medical books and the largest body of music of any composer in the Middle Ages. Instead of the systematic intellectual analysis used by scholars of her day, Hildegard's writings use colorful illuminations, stories, allegories, metaphors, music and drama to convey her message.

The older she got, the bolder she got. Hildegard painted herself as an inspired author commissioned by God. Hildegard believed in soul power. "Great power is yours through and through," she wrote. If you believe in soul power, as Hildegard did, you don't have to do great things to change the world. You have visions, you have dreams. Hildegard would challenge you to live them. Ⓜ

Sister Nancy Fierro '64, C.S.J., is a lecturer, author, concert pianist and piano teacher at Mount St. Mary's. She has traveled extensively in the U.S. giving lectures on Hildegard of Bingen. She is the author of "Hildegard of Bingen and Her Vision of the Feminine." During the summer, she was a keynote speaker for the International Hildegard Network Conference in Salisbury, England. She also lectured at the anniversary festivities celebrating Hildegard's life in Bingen, Germany, at the invitation of the Mayor of Bingen.

By Sister Nancy Fierro, C.S.J.

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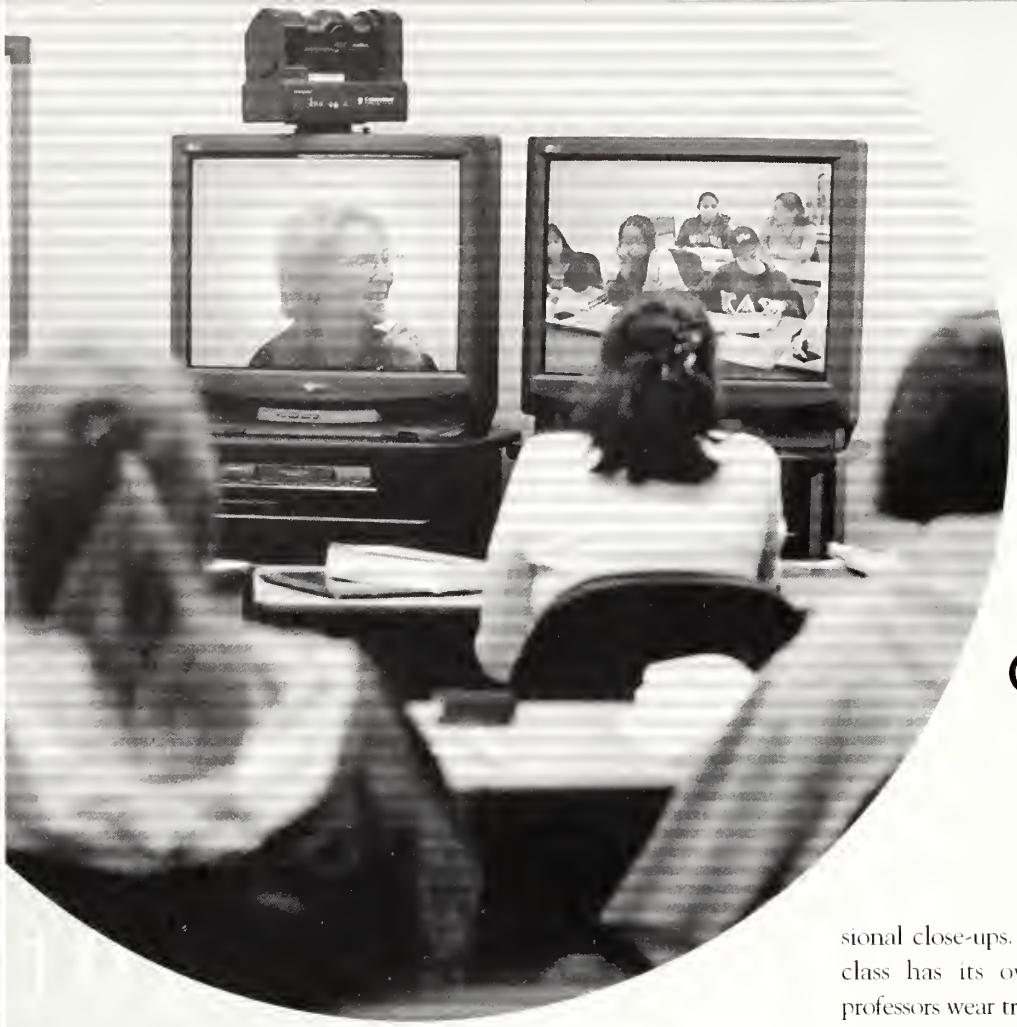


Lights

Teleconferencing Bridges Both Campuses

Two sociology faculty members describe the process of socialization and the norms and values of society to an "Introduction to Sociology" class. An active student discussion ensues. By all accounts, a typical college classroom, right?

Hardly. One class is on the Doheny Campus, the other is on the Chalon Campus, and the students are viewing the professors simultaneously on two 32-inch monitors placed side-by-side in front of the room. When students make a comment, they press a microphone button and appear on the screen. When a discussion begins among students, each classroom is featured on the monitor so students can see and talk to each other.

Welcome to the College's first-ever course conducted via teleconferencing, featuring sophisticated technology and lots of know-how from staff. Lisa Nightingale, coordinator for technology-mediated instruction, serves as the producer, camera operator and technical wizard for the twice-weekly class.

How does it all happen? First, a telephone call using high capacity digital phone lines activates a computer on the other end, which starts the system, explains Nightingale. Two video cameras in each teleconferencing classroom focus on the instructors and students, and a document camera is ready to turn slides, photos, charts or models into three-dimensional close-ups. Like a finely tuned production, the class has its own set of last-minute tasks. The professors wear tracking microphones to enable a camera to follow them as they move around the room; each student checks the microphone in front of her to make sure it is operating; hair is combed, makeup checked. Dr. Sande Bunce '86 and Dr. Pam Haldeman '86 are in their places and the class begins.

In this high-tech team-teaching environment, funded by grants from the Pew Leadership Award, and the Charles E. Culpeper and Irvine foundations, Bunce and Haldeman discovered a need for techniques they never learned in education classes. "We received training from GTE and the College's Office of Information Technology, but we still had some glitches during the first few days when we interrupted each other or talked at the same time," says Haldeman.

With experience, these mishaps have subsided, but both professors realize they must know the content of the other's lecture in advance in case the equipment fails, leaving them facing blank screens. Additionally, Haldeman is more aware that she must look into the camera, read notes less, and stand up straight, while Bunce is careful to speak louder and slower, and not to wear stripes or bright colors.

While Bunce finds teaching this class is significantly different from teaching one in a traditional setting, she still thinks it is stimulating and filled with potential. "This is really one class taught in two different locations and it is serving as a real

amera, Sociology

bridge to bring the two campuses together as one community. We are aware that this kind of teaching could be impersonal for everyone involved, so we alternate campuses for each class," Bunce says. "But, most importantly, the students are enthusiastic and they are learning."

Students were not sure what to think of their space-age classrooms during the first few weeks. "I realized we were the guinea pigs for this class but I think it is extremely interesting and worthwhile," says Chalon freshman Thuong Nguyen. "We are gaining valuable information from the input of the Doheny students and vice versa."

Initial reactions from Doheny Campus students were similar. "My first impression was of shock and awe," says freshman Consuelo Moreno. "It is very unusual to see the teacher and not really 'see' the teacher. But, overall, it is a good way to step into the next century."

"This class marks the beginning of a new era at Mount St. Mary's College," says Dan Weiss, academic computing manager. In the spring, seven teleconferencing courses will be offered and student technical assistants will operate the equipment.

Weiss points out that as more distance learning classes are scheduled, the advantages to the College increase. In the past, if identical classes were scheduled on both campuses but not filled, they were cancelled. But now, they can be combined electronically. Teleconferencing also moves the College closer to achieving strategic planning goals for improving technology, cutting down on traffic, and integrating the two campuses.

"We will also be able to reach out globally," Weiss says. "Because we are known for our multicultural classes, we have started to receive inquiries from colleges in the East interested in sharing classes. Just imagine taking a course from Harvard right here at the Mount. It really could happen soon." Ⓜ

PHOTOS BY RICK MENDOZA

By Joy Jacobs

New Year's Res

New Year's resolutions are traditionally reserved for individuals who want to make a new start in their lives. January 1 is a great starting point for initiating a good habit or dropping a bad one, such as exercising more or stopping smoking.

But why can't the start of the new year serve as a starting point for an institution like Mount St. Mary's College? It can.

On a formal level, MSMC is operating under its 1996–2001 Strategic Plan, which sets campus-wide goals and strategies. So, many MSMC resolutions for the new year are tied to the overall campus plan.

But on a day-to-day basis, campus personnel set goals that may be less profound and more pragmatic, even downright lighthearted. This lays the groundwork for maintaining Mount St. Mary's as a college that comes from a strong liberal arts tradition and is readying itself for the changes necessary to help its graduates succeed in the new millennium.

What follows are a few resolutions that members of the Mount community are making this year.

PHOTOS BY GLENN MARZANO

Sister Karen M. Kennelly, President

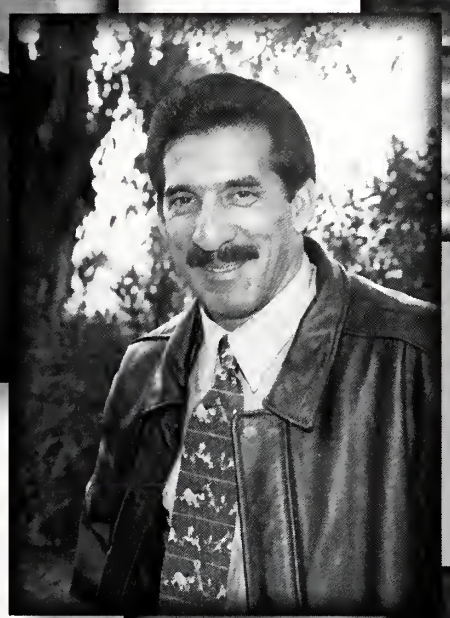
To bring to mind the names of persons I meet at the time of meeting instead of the next day! To persuade 10 new friends to make generous gifts to our "Timeless Values for Changing Times" Campaign for Mount St. Mary's College. To put the $40 million campaign over the top before New Year's Day.

Anne Wilcoxen, Director, Center for Cultural Fluency

I would like to have all 4,000 items in the Center for Cultural Fluency checked out to teachers in Los Angeles. Then, I would like to have all 4,000 items returned one month later.

olutions for MSMC

Patricia Desmarais,
Alumnae Relations Director
We resolve to continue to offer many opportunities for alums to come back to the Mount as we kick off a whole series of celebrations beginning with the 70th anniversary of the Alumnae Association and continuing to the 75th anniversary of the founding of the College.



Julio Herrera, Director, Physical Plant
My resolutions are all related to making the campuses more inviting aesthetically and more up-to-date in terms of facilities. I would like to see improved plumbing in Carondelet Residence Hall. We will install consistent signage in front of all buildings. Directories will be installed to give visitors a sense of the layout of the campuses. New trash barrels will be placed on both campuses. A new guard rail will be installed along the Chalon driveway replacing the white fence, and I hope to add a 22-passenger van to the shuttle fleet.

Jacquelyn Balba, Associated Student Body President, Chalon
My New Year's Resolution is to build a better understanding between students and administration on campus. In my years at the Mount, I have been privileged to encounter so many enriching people and through these experiences my own life has been deeply impacted. I feel much pride being a part of the Mount community and I would like this feeling to be shared by each student, faculty member and staff member.

You Say You Want a RESOLUTION

HOW CAN WE MAKE (AND KEEP) RESOLUTIONS?

The last time you made a New Year's resolution, did you quantify it? For example, when you promised to lose weight, did you say how much and by when?

"The best way to break your resolutions is to make unspecific goals and leave it at that," says Venetta Campbell, Mount St. Mary's College psychology lecturer.

"You really need to have realistic expectations of yourself and set compartmentalized goals that can be developed step by step," Campbell says. "You should establish a timeline, chart your progress and develop a reminder system."

One of the best parts of such a plan is that it should also involve a reward system for each level of progress. "You should really enjoy the process and look at it as an opportunity for growth and development," she says.

Making a resolution may also require encouragement from others because a promise made to yourself can easily be broken if you don't have external reminders.

What better place for a support network than work? In fact, work-related resolutions (such as the accompanying MSMC resolutions for 1999) may have a better chance of being fulfilled if they become a common goal for several co-workers. For example, if a department decides that it will increase its commitment to service or strengthen work relationships, it's easier to accomplish this task if everyone is working toward the same objective.

Some of the most common individual goals are financial management, health management, finding a balance in work and home life, planning to take a long-awaited vacation, working toward a promotion or other career development, and seeking higher education.

Group resolutions could include mentoring employees, learning new skills, creating a positive work environment, scheduling social activities for staff, or volunteering together for community programs.

"The best way to accomplish your New Year's resolutions is to think big and plan small," says Campbell. "Set macro, mezzo and micro goals and that way you will have many little successes throughout the year and still accomplish your large, overarching goal."

Jill Perry, Director, Public Relations

This year we will intensify our proactive media relations efforts as part of our ongoing goal to promote the College. This involves notifying the external media of intriguing campus news and features about faculty, staff and students, and offering up our campus experts to provide comments on the news of the day. Additionally, we would like to lose about 10 pounds of excess office files—we can definitely pinch more than an inch.

Venetta Campbell, Psychology Instructor

I want to continue to promote stress prevention for women and to increase my involvement in Mount St. Mary's activities.

New Year's Resolutions for MSMC

Dr. Alexis Navarro, Director, Graduate Religious Studies

1999 will mark the third year of the Catholic Church's worldwide preparation for its Jubilee Year which will be celebrated in 2000. The theme in 1997 was faith, in 1998 it was hope, and in 1999 the theme is love and justice. My hope is that the College community will take seriously ways in which to implement the challenge of love that translates into works of justice.

Nance Slattery, President, Alumnae Association

I really want Mount St. Mary's to meet the Kresge Challenge, so I'm earmarking my own annual fund donations this year and next year to help meet that challenge, and I would encourage others to do the same. Additionally, I am moving to Tucson this year and I'm investigating the possibility of starting a new alumnae chapter there.

New Year Blessing

MSMC President Karen M. Kennelly likes to use an old Irish toast for special occasions and it seems appropriate as a blessing for the new year.

May you have...
enough happiness to keep you sweet.
enough trials to keep you strong.
enough sorrow to keep you human.
enough hope to keep you happy.
enough failure to keep you humble.
enough success to keep you eager.
enough friends to give you comfort.
enough wealth to meet your needs.
enough enthusiasm to look forward.
enough faith to banish depression.
enough determination to make each day better than yesterday.

Alumnae Honored for Outstanding Accomplishments

One of the highlights of Founders Weekend Oct. 10 and 11 was the announcement of the two Outstanding Alumnae Awards which were presented at the Founders Day Luncheon on the Chalon Campus. These recipients were nominated by alums and selected by an alumnae committee. To nominate a fellow alum for 1999, please use the form on page 17.

Professional Achievement: Mary Arneson Odell '68

Thirty years ago, career choices were limited; you could become a teacher, a nurse or a homemaker, says Mary Arneson Odell '68, recipient of the Outstanding Alumna Award for Professional Achievement. Luckily, Odell was interested in teaching, and Mount St. Mary's was reputed to offer excellent academic preparation for careers in education.

The preparation must have been excellent indeed, for Odell has had a long and distinguished career as an educator. From her early days in the classroom teaching all subjects to migrant and immigrant children in the Coachella Valley, to her work as an education and instruction specialist for IBM, to her present position as president of the Riordan Foundation and its affiliated public foundation, Rx for Reading, Odell has exemplified the high standards of performance and personal integrity that she associates with the Mount.

Her commitment to excellence in education has brought her multiple commendations from the Archdiocese of Los Angeles, as well as from the Los Angeles Unified School District and Mayor Richard Riordan. She is also the recipient of awards from the Los Angeles Police Department and the Salvation Army.

Odell credits her professional successes to the rigorous academic preparation and moral and spiritual development she received in the baccalaureate and credential programs at Mount St. Mary's. It was there that she had the "opportunity to develop a set of ethical structures that are important in the world of work." Additionally, exposure to women in leadership roles at the Mount made a powerful impression. Odell believes she has "performed well in an overwhelmingly male-dominated profession because it never occurred to me that I could not." Now there's a prescription for success.

—Babra Akmal

Service to the College: Patricia Dominguez Ellis '81

During her years of service to Mount St. Mary's College, Patricia Dominguez Ellis '81 displayed many talents—fund raiser, chef, social planner and consultant. Whatever the need, Ellis enthusiastically took on new roles.

In her initial volunteer job as fund drive co-chair, she successfully planned and conducted a fund drive that began her eight-year stint as an Alumnae Association board member. In her second year on the board, she served concurrently as social chair in charge of all alumnae events and co-chair of the fashion show committee. Ellis especially enjoyed the perspective these activities provided, commenting that "it was like putting on a wedding and seeing the event from conception to completion."

As a board member—she subsequently served as vice president and president—Ellis wholeheartedly supported and worked for the success of each alumnae event. She and her husband, Gary, were the overworked chefs for the family picnics. He obviously agreed with her theory that "when you volunteer it's not just you, it's your family as well." She also continued to assist the alumnae phonathon and the spring benefit committee. As president, she initiated the family picnic, the alumnae board retreat and the volunteer appreciation luncheon.

Her life, personally and professionally, was equally busy and productive. After receiving her degree at MSMC, Ellis earned a master's in finance from Loyola Marymount and worked as a financial analyst at Hughes. Near the end of her second year as president, she and Gary welcomed son Alan, and family was then top priority.

With her willingness to help, fund of innovative ideas, and her determined ability to follow through, Ellis is an inspirational choice as an honoree for her service to the College.

—Margaret Sprigg Horst '58

The MSMC Outstanding Alumnae Awards Nomination Form

The 19th annual Mount St. Mary's College Alumnae Awards will recognize the accomplishments of outstanding alumnae. You are invited to submit nominations in any of three categories (copy this form if necessary). Choose the category for which your nominee best qualifies, nominating each person for one award only. If you have questions about the nomination process or specific categories, please contact the Alumnae Office at (310) 954-4087. Nominations must be submitted by **March 29, 1999**.

CATEGORIES

- **Community Service Award**—honors alumnae who have volunteered time and talent to their communities through support of civic, philanthropic or social welfare organizations.
- **Professional Achievement Award**—honors alumnae with distinguished career accomplishments.
- **College Service Award**—honors alumnae whose volunteer efforts to the College have enriched the depth and stature of MSMC.

NOMINEE

Name _____ Class of _____

Address _____

City _____ State _____ Zip _____

Day Phone (_____) _____ Evening Phone (_____) _____

SUPPORTING EVIDENCE

For all awards, please attach a statement of recommendation which addresses any items A through G; additional letters or articles of support are encouraged, but not required.

Any information concerning the following categories applicable to the award will be helpful to the nominating committees:

A Career Highlights
B. Community Service
C. College Service
D. Publications
E. Honors and Awards
F. Professional Organizations (list positions held)
G. Education

NOMINATOR

Name _____ Class of _____

Day Phone (_____) _____ Evening Phone (_____) _____

Please return this completed form and any attachments to:
Alumnae Office
Mount St. Mary's College
12001 Chalon Rd.
Los Angeles, CA 90049-1599

Selections will be made by a committee comprised of the alumnae board president, vice president, past president, a board member at large, an alumnae staff member and alumnae from each quarter of the Mount's 73-year history.

'46

Garland O'Rourke Parten and her husband celebrated their 50th anniversary with their whole family on a cruise to Mexico last summer.

'50

Joella Hardeman Gipson has been named a Fulbright Scholar for a second time. This time, she will lecture and research at the Institute of Educational Studies in Bucharest, Romania.

'51

Last spring, **Margaret Delavigne Porter** and her husband took a six-week round-the-world trip — highlights included a flight over Mt. Everest and a visit to the Taj Mahal.

'54

Eileen Hainley Sauer and her husband celebrated their 40th anniversary with a two-week trip to London in November '97. She saw fellow classmates **Peggyann Campbell Reed** in August and **Elise Kerckhoff** in October.

Milania Austin Henley was appointed to the board of directors of St. John's Seminary and Seminary College in Camarillo, Calif. She also serves on the development board of St. Andrew's Abbey, co-chairing an annual fund raiser called "Raise the Roof," and is enrolled in The Writer's Program at UCLA.

Rosemary Czuleger Rea is enjoying retirement with her husband and spending time with their 12 grandchildren.

'55

Sandra Dilley Cassidy substitutes as a school nurse for the Los Angeles Unified School District and volunteers in the Meet Each Need with Dignity medical clinic.

Ann Bondan Ingebrigtsen enjoyed exhibiting her paintings at the Mount and Pepperdine last spring.

Kathleen McClincy Rezzonico serves on the board of Catholic Charities of Santa Barbara and on the Tuition Awards Committee for the Archdiocese of L.A.–Santa Barbara region. She and her husband also are active in fund raising for Catholic Charities and St. Jude Children's Research Hospital.

'56

Bee-Beatrice Benko was honored by the National Wildlife Federation for her establishment and maintenance of a backyard wildlife habitat, providing food, water and mini-refuge for small wildlife. She also continues to volunteer for Coalition for the Homeless, Bisbee (Ariz.) Pet Project and Friends of the San Pedro River.

Joanne Dozier Best is enjoying her 17 grandchildren and is an avid tennis player.

Marlene Huhn Farrell recently retired after 35 years on the faculty at Cal State L.A., and is looking forward to spending more time with her grandchildren.

'57

Marlene Fazzi Puccinelli and her husband were honored with the Lifetime Achievement Award from the City of Pasadena.

'58

Having recently retired after more than 35 years as a school nurse, **Sylvia Norwood Taylor** plans to visit with family and friends around the country.

'59

Joan Becker Nicholson and her husband recently traveled to Tucson, Ariz., by motorcycle to visit **Ann Riordan Westphal** and her husband.

'60

Maggie Kite is associate director of the Memorial Senior Companion Plan and is memorial senior ombudsman at Long Beach Memorial Medical Center.

'63

Marian Menges Crowe enjoys teaching at the University of Notre Dame. Last summer, she spent a week in England and visited her son in Budapest.

Joan Hourigan, who teaches U.S. history at Holy Names Academy in Seattle, participated in a workshop on slavery at Stratford Hall Plantation in Virginia last summer.

In September, **Judith Merino Light** traveled to Vienna to visit her daughter and grandson, to Switzerland for a convention, and to northern Italy for fun.

'64

A freelance corporate communications writer/editor, **Victoria Branch** exhibited her original artwork in four Los Angeles-area galleries simultaneously this spring.

'67

Joan McMahon Champion and her husband celebrated their 30th anniversary in July.

'68

Professor **Susana Hernandez Araico** served as chair of the Modern Language Association Committee on the Status of Women in the Professions; is co-chair of the Latin American Studies Subcommittee of the Southern California Council of International Studies; has guest-lectured for universities in Tennessee and Vancouver, Canada; and volunteers for Hispanics in Opera.

'69

Mary Beth Stonestreet Kitchens has moved from a career in home health to one in assisted living. She is now executive director of Sunrise Assisted Living, a 74-unit home for the elderly in Napa, Calif.

'73

Mary Corty O'Connor, who was recently "empty nested," is enjoying her work as a clinical educator at Anaheim Memorial Medical Center.

Lorraine Taylor Sterman continues to teach and supervise doctoral students in psychology internships and post-doctoral programs at UCLA and the Center for Healthy Aging. She also continues in private practice and occasionally teaches nursing.

Nance Slattery, president of the Alumnae Association, left, with Pamela Monzon, 1998 Dolorosa Award winner. The Dolorosa Award is presented by the Alumnae Association to an outstanding senior who has distinguished herself through service to the College, high personal values and academic excellence.

'76

Laura Singerman Fox has relocated to Fairfax Station, Va.

'77

Julie Ruesenberg Beck, a database administrator, keeps busy with her children, sings in the Portland Symphonic Choir and is active at church.

Rosa Salazar took a Mediterranean cruise with some high school friends this fall. She also is active in St. Anthony's Croatian Senior Citizens' Club in Los Angeles, does liturgical readings for Sunday Mass and is a religious instructor at her parish.

'78

Tracey Linden Adams exhibited her work at the Carl Cherry Center for the Arts in Carmel, Calif., last May.

Merry Grasska Friedman, a school nurse in the Newport-Mesa (Calif.) Unified School District, teaches family life and communicable disease prevention to fourth-, fifth- and sixth-graders in addition to her clinical and program-management duties.

Nancy Crawford Bane is the administrator of the Foothills Community Foundation in Carefree, Ariz., and doing database maintenance for Creative Women of Pinnacle Peak, a group that raises money for the homeless.

A stay-at-home mom, **Katina Zaninovich Etsell** volunteers for the Cancer Foundation on its board of directors and for Postpartum Education for Parents as publications director.

A certified ophthalmic technician for the past 19 years, **Susan Brand Gurney** enjoys riding motorcycles and camping in her spare time.

Mary H. Smith and her husband are looking forward to becoming adoptive parents of a child from Morocco.

'79

Joan Cashion has taken a new position as assistant dean for academic affairs at Marymount College in Rancho Palos Verdes, Calif.

'80

Teresa Courville, who is enjoying her newly adopted daughter from China, continues to work at Children's Hospital in Oakland as an HIV research coordinator for children with HIV/AIDS.

Gina Poli Hsiung hosted the Alumnae Association Valley Chapter potluck at her home in July. She also had an article published on the Internet in "ASSOCIATES: The Electronic Library Support Staff Journal."

Jeanine Lee-Marciano, who is working in pediatrics at Children's Hospital and Health Center in Temecula, Calif., recently passed certification to become a pediatric oncology nurse.

Terry (Marytherese) Sauer recently completed her 18th year as a financial analyst for the City of Los Angeles. In her spare time, she enjoys spending time with her daughter Meghan.

Barbara Mickens Washington was honored with the Excelsior Award, given by St. Pius V High School (The Bronx, N.Y.) at its annual scholarship awards dinner. The award, which honors Catholic women who have made a difference in their career fields, was given to Barbara for her contributions in the field of government.

'81

Kelly Cassidy teaches U.S. history and is campus minister at Villanova College Prep in Ojai, Calif.

In addition to enjoying her 20-month-old twin boys, **Deborah Pisano Tometz** has started a marketing consulting business that specializes in helping small businesses.

Mary Jo Walling, a fetal testing specialist, volunteers for the L.A. AIDS Pediatric Network and works on a genealogical search in her spare time.

'82

Sylvia Falconi Garza, a case manager for Behavioral Science Mental Health Center, also serves as a bilingual facilitator for the Batterer's Treatment Program at Family Service Agency of Burbank.

In addition to owning and managing a skin clinic in Rancho Mirage, **Carol La Fourcade Hightower** and her husband work as financial representatives for WMA Securities.

'83

Karen Schwartzburg Schindler was recently promoted to vice president of rehabilitation services at Country Villa Health Services in Marina del Rey.

'84

Cynthia Clark Mudge, happily married with two children, also is a supporter of her local La Leche League.

Mary Rosenthal Nishioka is proud that her niece, Melissa Klink, is attending MSMC as a biology major.

'85

Patricia Firestone recently joined the Los Angeles County Fire Department's executive management team as director of organizational development.

'86

Abbylynn Bagos-Hood is working as physical therapist and clinical coordinator at Vacaville (Calif.) Convalescent & Rehabilitation Center.

Wendy Campos Matthews is now living in West Texas, where she loves her job as a pediatric physical therapist.

Alumnae Association Q and A

Q. Are there Mount alums living near me?
A. The majority of our alums still live within Southern California (more than 6,500 of 8,800 addressable alums). See the map for alumnae distribution.

Q. Is there an Alumnae Directory?
A. The last directory was published in 1994 and we hope to have a new one available within the next year. The success of any directory is the rate of return of the survey. Alumnae can help us by keeping the Office of Alumnae Relations informed of all address changes and then returning the survey by the deadline. Watch for our notice that the surveys are being mailed.

'87

Cindy Charleton has enjoyed crossing paths with a classmate in Kansas and with her former Big Sister for lunch.

Sonia Gipson received her master's degree in science from National University (San Diego) in May.

'88

Renee Bahner Kleveno, assistant department administrator for Kaiser Permanente in Riverside, Calif., is looking forward to working part time so she can enjoy more time with her husband and 19-month-old son.

'89

Leleka Doonquah received her M.D. from Howard University Medical School and presented a paper on "Rare Infectious Diseases in Transplant Patients" at the 98th General Meeting of the American Society for Microbiology in Atlanta last May.

'90

Michelle Mosser De Lorme celebrated her recent marriage by taking a cruise up the inland passage of Alaska.

'91

Christianne Nyberg Bishop received her M.D. from Creighton University (Omaha, Neb.) in May, and plans to pursue a residency in physical medicine.

'93

Jean Milew earned her master of music degree in composition from USC. This fall, she began working on her Ph.D. at the University of Chicago, where she has been awarded a Century Fellowship.

'94

Julie Ann Sanchez is working for the United Way of Greater Los Angeles as human resources associate, recruiting candidates for fund-raising, marketing, administrative and technical positions.

'95

Susan Andrews was honored with the Bronze Key and a certificate of appreciation from the American Bar Association's Law Student Division's 9th Circuit.

In her fourth year as a teacher in the West Covina Unified School District, **Veronica Garibay Villasenor** also is working toward her master's degree in special education at the Mount.

'96

Flor Medrano Mojarro is teaching in the Compton Unified School District and has started in a master's degree program.

'97

David Burkitt, controller at Crippled Children Society, is working toward an MBA at Regis University in Denver, Co., and plans to attend law school beginning fall 1999.

Marissa J. Grafil, who is working in the Women's Health Department at Cedars-Sinai Medical Center, also is attending UCLA's graduate school of nursing, specializing in nursing administration and occupational health.

Ernestina (Tina) Hernandez is a third-grade teacher at Incarnation Catholic School, and thanks the professors and staff at Weekend College for all they do for the students.

This fall, **Krisianna Trager-Straw Lee** began the master of public health program at UCLA, specializing in health administration and public policy.

'98

Anissa Brown, who graduated from the ADN program, passed the state boards in August and is now a registered nurse.

Lillianne (Lilly) Legra is at Harvard University, working toward an individualized master's degree in education, with a concentration in human development and psychology.

Amy Wilson, who earned a master's degree in education in May, has moved to South Korea to teach journalism, writing and language arts to high schoolers at a private international school.

Vital Statistics

REQUIESCANT

Your prayers are requested for the repose of the souls of:
'35 husband of Lucy Milligan Molloy
'36 Mary Lou Learnihan LaBonge
'41 Mary Pat Burns Cakos
'45 Rosemary Mankiewicz Czaban
'47 Sr. Dorcas Ames, CSJ
'50 Mary Lou Cassidy Ficalora
'50 Gloria Padilla Kelley
'53 Sr. Catherine Therese Knoop, CSJ
'53 father of Gloria Day Thiele
'53 Deirdre Plunkett Walsh
'55 brother of Jude Longshore Nichols
'56 Marie St. Pierre Finnegan
'63 father of Catharine Romano Gerster
'65 Marjorie Yamamoto Harwood
'68 Carlos de la Torre
'68 Rogelio Del Pino
'68 father of Johanna Ver Halen Budman
'69 Joan Kociencki Slemmons
'71 father of Sr. Ingrid Honore-Lallande, CSJ
'83 Eileen Yerick Duffy
'89 father of Susan Underwood Russell
'90 father of Diana Gleason Blackwell
'93 father of Marie Cunniffe
'96 husband of Anita Smith Ready
'97 father of Stephanie Higgins Ybarra
They will be remembered in the Masses, prayers and good works of the Sisters of St. Joseph.

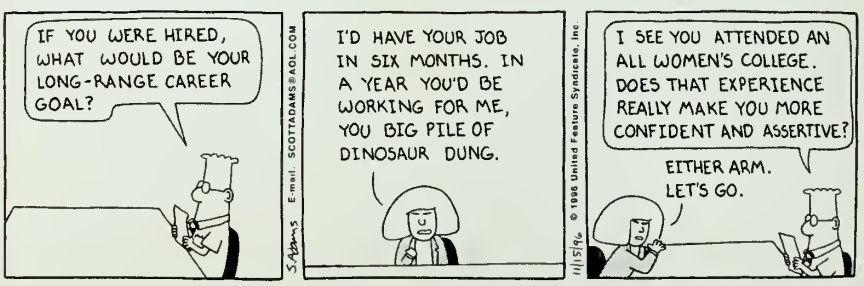
TWO BY TWO

The Alumnae Association extends best wishes to the following alumnae and their spouses:
'89 Alison Akins to Mark A. Franzen
'89 Monica Quintero to Rudolf Bond
'90 Diana Gleason to Pete Blackwell
'90 Michelle Mosser to Scott De Lorme
'93 Marie Cunniffe to Peter N. Sarmicanic
'93 Jean Milew to Christopher Cerimele
'95 Heidi Anne Giesing to Nahme Elias Chokeir
'95 Karen Jimmons to Johnny R. McInnis, III
'97 Irma Pozos to Dario Rodriguez

BY-LINES

The Alumnae Association extends congratulations to these alumnae and their spouses on the births of their children:
'80 Tess Michal to Lorrayne Lay Belhumeur, 1st child
'80 Leonardo Ken Hoaakua Nakamura to Catalina Carlaga
'80 Julia Marie adopted by Teresa Courville
'84 Monica Elizabeth to Rosa Jimenez Lazalde, 3rd child, 2nd daughter
'84 Hannah Rose to Mary Rosenthal Nisioka, 2nd child
'87 Caroline Joy to Sheryl Hutchings Bell
'88 Lawrence Benjamin, III to Jenny Abenoja Nelson, 2nd child, 2nd son
'89 Gianna Kay to Jennifer Payad Wright
'91 Natalie to Marissa Macabeo Redington, 1st child
'92 Samantha Lauren to Adriana Quintero Baker
'95 Matthew Bradley to Dawn Del Padre Bierman
'96 Ashley Marie to Flor Medrano Mojarro Ⓜ

DILBERT ® by Scott Adams


IF YOU WERE HIRED, WHAT WOULD BE YOUR LONG-RANGE CAREER GOAL?
I'D HAVE YOUR JOB IN SIX MONTHS. IN A YEAR YOU'D BE WORKING FOR ME, YOU BIG PILE OF DINOSAUR DUNG.
I SEE YOU ATTENDED AN ALL WOMEN'S COLLEGE. DOES THAT EXPERIENCE REALLY MAKE YOU MORE CONFIDENT AND ASSERTIVE?
EITHER ARM. LET'S GO.
E-mail: SCOTTADAMS@AOL.COM
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A Look Back

The Chalon campus covered in snow in 1949.

Two students enjoy the unseasonably cold weather.

The Circle sprinkled with snow.

The snow-covered roof of Brady Hall.

A Winter Wonderland in the Santa Monica Mountains

A snow flurry in January 1949 created white winter scenes on the Chalon Campus and served as a cool break from the ordinarily warm Los Angeles weather.

The unusual cold spell prompted a slew of snowball fights among students as the blizzard of '49 took the campus by storm.

As flurries formed a white blanket of snow, students escaped the realities of term papers by creating snowmen and frolicking in the winter chill. Screams of "Go back—no school today!" were heard as resident students bombarded commuters' cars with snowballs.

MOUNT ST. MARY'S
ARCHIVES

SAVE THE DATE

January

Sunday, Jan. 17
"The Flying Dutchman"
4:30 p.m.
Orange County Performing Arts Center
Attend an introductory lecture, a portion of the final dress rehearsal and get a backstage view of this opera by Wagner. Contact Alumnae Relations for reservations, (310) 954-4087.

February

Feb. 7
Private Van Gogh Exhibit Showing,
Dinner by Patina
Los Angeles County Museum of Art
Contact Institutional Advancement
for reservations, (310) 954-4097.

Self-Portrait at the Easel, 1888
by Vincent Van Gogh

March

Saturday, March 6
Whale Watch Boat Trip
10 a.m.
Long Beach
Join fellow alumnae for a three-hour cruise. Contact Alumnae Relations for reservations, (310) 954-4087.

Saturday, March 13
Los Angeles Chamber Singers
8 p.m.
Chalon Little Theater

Saturday, March 27
Easter Egg Hunt
1 p.m.
Doheny Campus
Join the Alumnae Association for the annual afternoon of fun and frolic with your family and friends. Contact Alumnae Relations for registration information, (310) 954-4087.

April

Saturday, April 17
"A Day of Prayer"
10 a.m. to 3 p.m.
Doheny Campus
For more details, call the Program in the Spiritual Life, (213) 477-2645.

Museum of Miniatures
10 a.m.
Tour the great palaces of Europe in a two-hour visit to the largest collection of miniatures in the world. Contact Alumnae Relations for registration information, (310) 954-4087.

The Vatican
by Robert Dawson and Peter Marsh